



# Physical Development Assessment

## EYFS

<b>Name of Pupil:</b>	<b>Class:</b>
<b>Teacher:</b>	<b>Date of Assessment:</b>
<b>Pupil is able to:</b>	<b>Yes/No</b>
* explore movement ideas and respond imaginatively to a range of stimuli;	
* move confidently and safely, showing an awareness of themselves, space and others;	
* demonstrate changes of speed, level and direction;	
* perform, showing an awareness of lightness of movement;	
* copy movement ideas from a partner;	
* in simple terms, be able to evaluate their own movements and those of others;	
* recognise that their heart beats faster after exercising.	
<b>Self-assessment</b> [enjoys most/least]:	
<b>Next Steps in Learning:</b>	