

Year: 3	Lesson: 2/6	Time: 45 – 60 mins	No. of children: Any
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> * travelling when sending and receiving a ball; * keeping possession and changing patterns of play; * understand more about principles of play. <p>Success Criteria:</p> <ul style="list-style-type: none"> * I can travel when passing and catching a ball; * I can keep possession of the ball; * I can talk about some differences between attacking and defending play. 			
<p>Literacy: Sustain conversation, explain or give reasons for their views or choices; develop and use specific vocabulary in different contexts; use talk to organise roles and action; actively include and respond to all members of the group.</p> <p>Numeracy: Recall multiplication facts for times-tables; add, subtract, multiply and divide numbers mentally; addition and subtraction facts to 20; doubling and halving; fractions and quantities; direction and movement.</p> <p>Resources: A variety of large and medium sized balls. Cones for marking playing areas. Games cards - Keeping Possession 2 v 1. Zone Ball 4v2. Zone Ball 7v2.</p>			
Teaching Activities		Teaching Points/Management & Organisation	
<p>Warm up [5 mins]</p> <p>1. Travelling with a ball by bouncing it.</p> <ol style="list-style-type: none"> a. Demonstrate how to travel and control the bounce at around waist height. b. Smooth pressure with hand following ball downwards to create bounce (not a slap). c. Change direction and accelerate into a space. d. Keep moving into spaces away from others, watch for others. e. Change the ball often. 			

Skill Focus [10 mins]

2. Pairs - Travelling, Sending and Receiving.

- a. In a large defined space.
- b. Provide a range of large, round balls.
- c. Working together, travel and bounce a ball, passing to your partner at regular intervals.
- d. Sender to focus on passing the ball into space in front of receiver.
- e. Receiver to signal, call and accelerate into space to receive pass. Discuss speed and timing of pass.

Games Playing [20 –25 mins]

3. Play, Keeping Possession 2 v 1

4. Zone Ball 4v2

5. Zone Ball 7v2

Cool down [5 mins]

6. Pairs stretching - Trunk twists

- a. One ball between two.
- b. Pass the ball when standing and sitting.
- c. Encourage slow movement and change the direction of rotation around the body.