

Year: 3	Lesson: 1/6	Time: 45 – 60 mins	No. of children: Any
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> * repeat hand passes with accuracy and control; * plan how to play games; * describe the effects of sustained activity on their bodies. <p>Success Criteria:</p> <ul style="list-style-type: none"> * I can repeat accurate and controlled hand passes; * i can keep games going; * I can talk about how continuous activity has an effect on my body. <p>Literacy: Sustain conversation, explain or give reasons for their views or choices; develop and use specific vocabulary in different contexts; use talk to organise roles and action.</p> <p>Numeracy: Recall multiplication facts for times-tables; add, subtract, multiply and divide numbers mentally; addition and subtraction facts to 20; doubling and halving; fractions and quantities; direction and movement.</p> <p>Resources: A variety of large and medium sized balls. Cones for marking playing areas. Games cards - <u>Sending and Receiving</u>. <u>Shuttle Runs and Passing</u>.</p>			
Teaching Activities		Teaching Points/Management & Organisation	
<p>Warm up [5 mins]</p> <p>1. Travelling</p> <ol style="list-style-type: none"> a. Provide a variety of balls. b. Children choose a ball and travel around the area. c. Demonstrate close control and ways to achieve this - bouncing, rolling, passing around the body, throwing and catching, dribbling with hands and feet. d. Move into spaces, changing direction, pace and levels. 			

- e. Look out for others - move into spaces.
- f. Change balls regularly.

Skill Focus [10mins]

2. Sending and Receiving.

Games Playing [20 – 25 mins]

3. Shuttle Runs & Passing.

Cool down [5 mins]

4. Pairs Follow-my-Leader

- a. Play in a large defined space with a variety of balls.
- b. **A** follows **B**, copying different ways of controlling a ball.
- c. Encourage close control and regular change of method of control.
- d. On command, change roles, speed, direction and levels.
- e. Work towards slow movements and low levels, moving from faster to slower pace.
- f. Finish with pairs stretch on the floor.