



## Invasion Games – Year 3

### Overview

**Focus:** The unit aims to encourage children to:

- \* consolidate and improve the quality of their techniques and ability to link movements;
- \* improve their ability to choose and use simple tactics and strategies;
- \* know and describe the short-term effects of different physical activity on the body;
- \* improve their stamina;
- \* describe and evaluate the effectiveness and quality of performance;
- \* use what they have learned to improve their work.

**Literacy:** Sustain conversation, explain or give reasons for their views or choices; develop and use specific vocabulary in different contexts; use talk to organise roles and action; actively include and respond to all members of the group.

**Numeracy:** Recall multiplication facts for times-tables; add, subtract, multiply and divide numbers mentally; addition and subtraction facts to 20; doubling and halving; fractions and quantities; direction and movement.

**Differentiation:** Through outcome and adult expectations and support.

**Assessment:** By observation against learning outcomes and through discussion with children.

**Resources:** Please refer to individual lesson plans.

#### Lesson 1

##### Learning Outcomes

- \* repeat hand passes with accuracy and control;
- \* plan how to play games;
- \* describe the effects of sustained activity on their bodies.

#### Lesson 2

##### Learning Outcomes

- \* travelling when sending and receiving a ball;
- \* keeping possession and changing patterns of play;
- \* understand more about principles of play.

<p><b>Warm up</b> – Movement with ball  <b>Skill focus</b> – Sending and receiving  <b>Games Playing</b> – Sending/receiving  <b>Cool down</b> – Follow-my-Leader</p>	<p><b>Warm up</b> - Travelling with a ball  <b>Skill focus</b> – Pairs, travel and pass ball  <b>Games Playing</b> – Zone Ball  <b>Cool down</b> - Pairs stretching</p>
<b>Lesson 3</b>	<b>Lesson 4</b>
<p><b>Learning Outcomes</b>  * dribble using feet, with control and good technique;  * pass accurately with the feet to a partner;  * shoot to score a goal/point.  * understand about principles of attack.  <b>Warm up</b> – Dribbling with feet  <b>Skill focus</b> – Pairs, sending and receiving  <b>Games Playing</b> – End Ball  <b>Cool down</b> – Health-related activity</p>	<p><b>Learning Outcomes</b>  * demonstrate changes in pace and direction when attacking;  * shield the ball from a defender;  * time a pass more skilfully.  <b>Warm up</b> - All in Tag  <b>Skill focus</b> – Mirror Dodge, and sending and receiving  <b>Games Playing</b> – Attacking and defending  <b>Cool down</b> - Team Follow-my-Leader</p>
<b>Lesson 5</b>	<b>Lesson 6</b>
<p><b>Learning Outcomes</b>  * call and signal for the ball to receive it;  * demonstrate improved control in sending and receiving;  * observe others playing well and use this to improve their own performance.  <b>Warm up</b> – Dribbling  <b>Skill focus</b> – Sending and receiving  <b>Games Playing</b> – End Ball and Border Raiders  <b>Cool down</b> – Team Follow-my-Leader</p>	<p><b>Learning Outcomes</b>  * retain possession more effectively;  * defend more effectively;  * evaluate and discuss the most effective parts of play during a game.  <b>Warm up</b> – 2s and 3s dribbling  <b>Skill focus</b> – keeping possession. attack and defence  <b>Games Playing</b> – Attacking and defending  <b>Cool down</b> - Team Follow-my-Leader</p>