



Physical Education Assessment

Dance - Year 5

Name of Pupil:	Class:
Teacher:	Date of Assessment:
Pupil is able to:	Yes/No
* create and perform simple dances that attempt to focus on the style of the dance;	
* take part in group dances;	
* take part in discussions about the structure of the dance or final performance;	
* with help, choose exercises to warm up and cool down;	
* show some understanding of how to exercise safely in dance;	
* use simple words to talk about their own and other people's work.	
Self-assessment [e.g. own strengths & suggestions for improvement]:	
Next Steps in Learning:	