



## Dance Activities - Year 5 – Times Past: G I Blues

### Overview

**Focus:** The unit aims to encourage children to:

- \* explore and improvise ideas for dances in different styles;
- \* compose dances by using, adapting and developing steps, formations and patterning from different dance styles;
- \* perform dances expressively, using a range of performance skills;
- \* organise their own warm-up and cool-down activities to suit the dance;
- \* show an understanding of why it is important to warm up and cool down;
- \* describe, analyse, interpret and evaluate dances, showing an understanding of some aspects of style and content.

**Literacy:** Present a spoken argument, sequencing points logically, defending views with evidence and making use of persuasive language; understand the process of decision making; distinguish between everyday use of words and their subject-specific use; use and explore different question types and different ways words are used.

**Numeracy:** Shape, angles, rotation, degrees.

**Differentiation:** Through outcome and adult expectations and support.

**Assessment:** By observation in relation to the learning outcomes; look for imaginative responses to the stimulus; developing control and understanding.

**Resources:** Please refer to individual lesson plans.

**Lesson 1**

**Lesson 2**

<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>* appreciate dance patterns and repeated steps;</li> <li>* compose, develop and perform sequences and steps with accuracy;</li> <li>* choose, explore and improvise material to create new motifs.</li> </ul> <p><b>Warm up:</b> 'Army' and 'Celebrations' movements</p> <p><b>Development:</b> Sequences: <b>i.</b> The army; <b>ii.</b> Celebrations [the jive]</p> <p><b>Cool down:</b> Stretches and evaluation</p>	<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>* appreciate dance patterns and repeated steps;</li> <li>* suggest ways to develop their technique and composition;</li> <li>* warm up and cool down independently.</li> </ul> <p><b>Warm up:</b> 'Army' and 'Celebrations' movements</p> <p><b>Development:</b> Further development of sequences: <b>i.</b> The army; <b>ii.</b> Celebrations [jive]</p> <p><b>Cool down:</b> Individual cool down</p>
<b>Lesson 3</b>	<b>Lesson 4</b>
<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>* explore, improvise and choose material to create motifs;</li> <li>* use dance terminology to identify and describe different styles in their own and others' dances;</li> <li>* suggest ways to develop their dances.</li> </ul> <p><b>Warm up:</b> The starting phrase of the dance</p> <p><b>Development:</b> Linking starting phrase with army and jive sequences</p> <p><b>Cool down:</b> Discussion and individual cool down</p>	<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>* suggest ways to develop their dance;</li> <li>* practise and improve their dance;</li> <li>* use dance terminology to identify and describe different styles in their own and others' dances.</li> </ul> <p><b>Warm up:</b> The ending phrase of the dance</p> <p><b>Development:</b> Army and jive sequences and the ending phrase</p> <p><b>Cool down:</b> Discussion and individual cool down</p>
<b>Lesson 5</b>	<b>Lesson 6</b>
<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>* use dance terminology to identify and describe different styles in their own and others' dances;</li> <li>* independently practise and refine their technique and composition;</li> <li>* cool down independently.</li> </ul> <p><b>Warm up:</b> The ending phrase of the dance</p> <p><b>Development:</b> Army and jive sequences and the ending</p>	<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>* perform and repeat movements with good control and accuracy;</li> <li>* identify ways to develop their technique and composition;</li> <li>* link dance phrases to make a longer composition.</li> </ul> <p><b>Warm up:</b> The ending phrase of the dance</p>

phrase

**Cool down:** Discussion and individual cool down

**Development:** The whole dance

**Cool down:** Discussion and evaluation

PE Primary - Sample