



# Physical Education Assessment

## Gymnastics Year 6

<b>Name of Pupil:</b>	<b>Class:</b>
<b>Teacher:</b>	<b>Date of Assessment:</b>
<b>Pupil is able to:</b>	<b>Yes/No</b>
* make up their own sequences;	
* arrange their own apparatus safely to suit the needs of a task;	
* organise small groups independently;	
* include a wide range of actions, shapes and balances in their performance, some of which are original;	
* lead class warm-up activities;	
* explain, using appropriate language, how activity improves health, fitness and well-being;	
* use their own criteria to judge performance;	
* suggest different ideas that will lead to individuals improving their performance in small group sequences.	
<b>Self-assessment</b> [e.g. own strengths & suggestions for improvement]:	
<b>Next Steps in Learning:</b>	