



# Physical Education Assessment

## Athletic Activities - Year 4

<b>Name of Pupil:</b>	<b>Class:</b>
<b>Teacher:</b>	<b>Date of Assessment:</b>
<b>Pupil is able to:</b>	<b>Yes/No</b>
* demonstrate running, jumping and throwing skills in simple challenges;	
* show some control when using a small range of basic running, jumping and throwing actions;	
* cooperate when working in small groups to meet challenges;	
* recognise different parts of a warm up and join in successfully;	
* recognise when their body is warmer or cooler and when their heart beats faster or slower;	
* recognise and describe different athletic techniques.	
<b>Self-assessment</b> [e.g. own strengths & suggestions for improvement]:	
<b>Next Steps in Learning:</b>	