



Physical Education Assessment

Athletic Activities - Year 4

Name of Pupil:	Class:
Teacher:	Date of Assessment:
Pupil is able to:	Yes/No
* demonstrate good technique, fluency of movement, accuracy and consistency in a wide range of running, jumping and throwing actions and challenges;	
* organise small groups safely, making sure that all members have roles to play;	
* predict how different activities will affect their heart rate and temperature;	
* explain why particular activities are used in a warm up and suggest other suitable activities;	
* suggest how performances could be improved, using given criteria.	
Self-assessment [e.g. own strengths & suggestions for improvement]:	
Next Steps in Learning:	